

أثر برنامج مستند الى تعديل السلوك المعرفي في تنمية الكفاءة الذاتية لدى مدمني
المخدرات في محافظة عكا وعلاقتها ببعض المتغيرات

إعداد
جنان شكري حنا

المشرف
الدكتور عادل طنوس

قدمت هذه الرسالة استكمالاً لمتطلبات الحصول على درجة الماجستير في

الارشاد النفسي



كلية الدراسات العليا
الجامعة الأردنية

تموز ٢٠٠٧

قرار لجنة المناقشة

نوقشت هذه الرسالة (أثر برنامج مستند الى تعديل السلوك المعرفي في تنمية الكفاءة الذاتية لدى مدمني المخدرات في محافظة عكا وعلاقتها ببعض المتغيرات) وأجيزت بتاريخ ٢٤/٧/٢٠٠٧ .

التوقيع

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 هذه النسخة من الرسالة
 التوقيع: التاريخ: ٢٤/٧/٢٠٠٧

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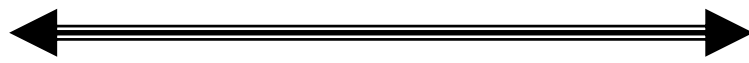
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**The Effect of Cognitive Behavioral Modification Program in
Developing of Perceived Self-Efficacy Among Addicted Patienti In
AKO Governorate**

By

Janan Hanna

Supervisor

Dr. Adel Tannous

ABSTRACT

The purpose of the study was to investigated the effectiveness of cognitive behavior modification based program in increasing perceived self efficacy among drug abuse sample in AKo governorate, in additional to investigated the differences in self efficacy among drug abuse according to gender and socioeconomic status.

Radwain instrument for self efficacy was used which content from (10) items with four point scale the score ranged from (1-4), and the total score in scale ranged from (10-40) score, also the cut point of the scale is (25), and the scale had suitable validity and reliability indexes. Indented sample were selected accounted from (50) resident in centers of drugs therapy in Ako governate , whom were get low score in self efficacy scale, after that the study sample were assigned randomly to experimental and control groups (25) in each group.

To answer the study questions ANCOVA, and two Way ANOVA were conducted and the following result were founded:

- 1- There is significant differences between experimental and control groups in the level of self efficacy, the level of self efficacy were high among experimental group compared with control group.
- 2- There are no significant differences in the effectiveness of the cognitive behavior modification program in developing self – efficacy according to gender.
- 3- There are no significant differences in the effectiveness of the cognitive behavior modification program in developing self – efficacy according to socioeconomic stats

There are significant differences interaction in the effectiveness of the cognitive behavior modification program in developing self – efficacy due to gender and to socioeconomic stats.